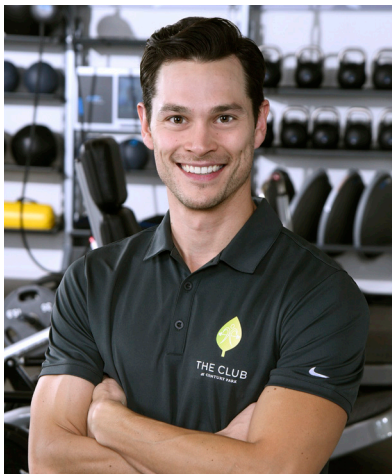


LET THE TRANSFORMATION BEGIN



TRAINER

CHRISTIAN BLACKBURN



DEGREE(S):

B.A. Theatre - Loyola University Chicago

CERTIFICATIONS:

National Academy of Sports Medicine - Certified Personal Trainer

American Red Cross - First Aid CPR / AED

ABOUT:

Christian has always been driven by a desire to help. He credits this desire, as well as his love for fitness, to his mother. As a child, Christian would accompany his mother during her rehab on a torn MCL, where he would observe her at both her weakest and her strongest. He observed what there is to be accomplished when the will finds a way. That experience, coupled with her recent Type II diabetes diagnosis, motivates him to continue living a healthy, active life and inspiring those around him to do the same.

In his 3+ years as a certified trainer, Christian has been fortunate to work alongside fitness professionals from all corners of the industry. He has trained with athletes from the NBA and NFL, physical therapists, chiropractors, celebrity trainers, and even a former US Women's Muay Thai champion.

Christian is dedicated to continuing his personal growth in order to best guide his clients toward the versions of themselves they want to be.



THE CLUB
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