

# LET THE TRANSFORMATION BEGIN



TRAINER

## CAMERON HILL



### DEGREE(S):

B.S. Sports & Recreation  
Management, Exercise Science –  
Carroll University  
4-year collegiate athlete - Men's  
Basketball – Carroll University

### CERTIFICATIONS:

National Strength & Conditioning  
Association - Certified Personal  
Trainer  
EXOS- Certified Performance  
Specialist  
Athletics & Fitness Association  
Certified Group Exercise Instructor  
American Red Cross - First Aid  
CPR / AED

### ABOUT:

Cameron's passion has always been helping people reach their highest potential through fitness, education and health engagement programs.

With a background as a collegiate athlete, 8 years personal training and group exercise experience and over 4 years as a manager in the corporate health realm, Cameron offers a wide range of expertise in the health and fitness industry.

Cameron strives to create meaningful relationships with clientele while providing knowledge and tailored programs to fit individual needs. It is vital to create an environment that promotes health and wellness while maintaining an enjoyable and welcoming experience.



THE CLUB  
at CENTURY PARK